



City Of Biddeford

General Assistance

205 Main Street, Biddeford ME 04005

Phone: (207) 284-9514 Fax: (207) 571-0675

Biddeford Area Resource List

Biddeford General Assistance

205 Main Street, Biddeford (Floor 1, City Hall)

(207) 284-9514

Monday-Friday 8:00am-5:00pm

General Assistance assists eligible people who are in need and have nowhere else to turn. It can provide assistance with necessities such as rent, utilities, heating fuel, food, household/personal supplies, medications, and other essential services.

Department of Health and Human Services

(DHHS) To apply for benefits on-line go to:

www.maine.gov/mymaineconnection

Allows you to apply for Food Supplement (SNAP),

Medical Assistance, Temporary Assistance for Needy

Families (TANF), and Child Care

Food Resources

Bon Appétit Meal Program

19 Crescent Street, Biddeford

2nd Congregational Church

(207) 283-0380

Monday-Friday 4:30pm-5:30pm

Sunday 9:00 am

Free congregate meals

Seeds of Hope

35 South Street, Biddeford

(207) 571-9601

Tuesday-Friday 9:00am-1:00pm

Breakfast

Friends of Community Action Food Pantry

162 Elm Street, Biddeford

(207) 282-4771

Tuesday-Thursday 9:00am-11:30am

Biddeford residents only

Stone Soup Food Pantry

180 Main Street (Lower Level), Biddeford

(207) 283-0055

Monday 10:00am-11:00am; Wednesday 10:30am-

11:30am

Department of Health and Human Services

(DHHS): Food Supplement (SNAP)

208 Graham Street, Biddeford

(207) 286-2400

Meals on Wheels

(800) 427-7411

For seniors and shut-ins only

WIC Program (Women, Infants, & Children)

York County Community Action

(207) 644-2402 Biddeford

Non-Food Resources

In-A-Pinch Non-Food Pantry

35 South Street, Biddeford (Seeds of Hope)

(207) 283-1783

2nd & 4th Tuesday of each month

4:00pm-6:45pm

Clothing Resources

Laundry Love - Boom's Laundry

250 Elm Street, Biddeford

3rd Tuesday of each month

4:30-8:30 pm

3 free loads of laundry soap included.

Seeds of Hope

35 South Street, Biddeford

(207) 571-9601

Tuesday-Friday 9:00am-1:00pm

St. Vincent de Paul Rummage Sale

St. James Hall, Biddeford

Use South Street entrance

(207) 282-9352

Wednesday 12:20pm-2:30pm

Open Hands, Open Heart

67 Ocean Park Road, Saco

(207) 286-9939

Monday-Friday 9:30am-11:30am

Saturday 10:00am-12:00pm

Free children's clothing

Free Internet Resource

Biddeford Open Net

is provided through Seeds of Hope. Services are available within a 5 block radius from Seeds of Hope. You have to look up "Biddeford Open Net" on the internet and click the site. You must provide all information and click submit, it then will tell you about this free service and how to continue to use it. For more information, call (207) 571-9601.

Medical and Dental Resources

Nasson Health Center

15 Oak Street, Springvale
(207) 490-6900

Medical and dental Services

Accepts patients with and without insurance

MaineHealth Free Care Program

(207) 887-5100 or (866) 804-2499

ONLY medically necessary care is provided to eligible individuals who meet income requirements.

Community Dental

57 Barra Road, Suite 3, Biddeford
(207) 282-1305

By appointment ONLY

Leavitt's Mills Free Health Care

63 Main Street, (Bar Mills) Buxton
(207) 929-6455

Call for an appointment

York County Community Health Care

15 Oak Street, Springvale
(207) 490-6900

Medical and dental services

Must have NO medical insurance and proof of income is required

Planned Parenthood

281 Main Street, Biddeford
(207) 282-6620 or (800) 230-7526

Prescription Assistance Programs

MedAccess

(207) 294-8141 or (877) 275-1787

York County residents ONLY

Must have NO medical insurance and there are income guidelines

RX Outreach

www.rxoutreach.org

(800) RXO-1234

Support Resources

SARSSM

(Sexual ASSAULT Response Services OF Southern Maine)

Biddeford Support Center

189 Alfred Street, Biddeford (Community Center)

Tuesday 12:00pm-4:00pm; Friday 9:00am-1:00pm

For more information or to schedule an appointment, please call: SARSSM at (207) 828-1035 ext. 100 or

Crisis & Support Line at (800) 313-9900

Caring Unlimited

(800) 239-7298

help for individuals seeking assistance with domestic violence related issues

Transportation, Oil, and Electric Resources

York County Community Action

15 York Street, Biddeford

(207) 283-2402

Schedule an appointment by phone (800) 965-5762 or on-line at www.yccac.org

LIHEAP (fuel assistance) and ELP (electric assistance)

The Salvation Army

2 Sixth Street, Old Orchard Beach

(207) 934-4381

CMP disconnects, fuel assistance, eviction notices

Department of Health and Human Services

(DHHS): Emergency Assistance Program

208 Graham Street, Biddeford

(207) 286-2400

CMP disconnects and eviction notices for families with children ONLY

More resource information is available in the General Assistance lobby

or dial 211 for Maine's resource information
www.211maine.org