
CITY OF BIDDEFORD, MAINE

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Biddeford Mayor Declares November 1 “Extra Mile Day”

BIDDEFORD — Biddeford Mayor Alan Casavant officially declared November 1, 2018 as *Extra Mile Day* in a proclamation at the October 16 City Council meeting.

Extra Mile Day is a part of the mission of Extra Mile America, an organization founded by Shawn Anderson. As a symbol of “going the extra mile”, Anderson pedaled 4,000 miles on a coast-to-coast bike tour in 2009 and interviewed over 200 individuals who were making a difference in their local communities. Extra Mile Day was created in the spirit of Anderson’s ride to encourage leaders to acknowledge their own exceptional residents. Over 550 mayors across the United States are expected to make the 2018 declaration.

“I urge each individual in the community to take time on this day to not only ‘go the extra mile’ in his or her own life, but to also acknowledge all those who are inspirational in their efforts and commitment to make their organizations, families, community, country, or world a better place,” Casavant said in the proclamation.

Biddeford has been participating in Extra Mile Day since 2013.

“Extra Mile Day is a reminder that each of us has the power to create positive change,” Casavant said. “Whether it’s volunteering your time to an organization you’re passionate about, doing a favor for a neighbor, or simply holding the door for the person behind you with a smile, going the extra mile can happen in many different ways.”

Leading up to Extra Mile Day, the Biddeford City Council has recognized several citizens that have “gone the extra mile” for Biddeford.

At the October 16 meeting, historian Charles Butler was recognized with a ceremonial key to the City for his 50 years of service to the Biddeford Historical Society. Since he first started with the organization in 1968, Butler has logged thousands of hours preserving, protecting, and promoting Biddeford’s history by telling the colorful stories of the city’s past.

At the October 2 City Council meeting, James Beaudry was also presented a key to the City for his commitment to giving back to Biddeford throughout his life. Beaudry was the Director of Athletics at St.

Francis College (now the University of England) for 21 years and was the head or assistant athletic coach for 7 sports. In addition, he has served on the City's Wastewater Commission and the Parks and Recreation Commission.

“Biddeford is lucky to have so many residents who are dedicated to making this community a great place to live. I hope that people take the time on November 1st to both appreciate people like Jim and Charles and to take inspiration from them in their own lives.”

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